

Armchair Diplomat

Armchair Diplomat is a foreign policy and global affairs podcast built for the curious, not just the credentialed. Hosted by career U.S. diplomats, we look at today's most pressing global crises through the eyes of the people who actually sat in the room. We focus on the human side of international relations; what U.S. diplomats did representing our country overseas, the relationships they had with locals, and why it matters to you, the US taxpayer. Our guests share their personal stories, behind-the-scenes negotiations, and on-the-ground experiences from their time in the field to make sense of current political realities. We give international crises the thirty minutes that cable news never has time for, using lived diplomatic history- and recent experience- to answer two crucial questions: **Why does this matter? and Why should you care?**